

Is RADON on Your Health Radar?

What is Radon – Radon is a naturally occurring radioactive gas that comes from the soil. It comes from the natural decay of uranium that is found in rock, water and soils. You can't see it, taste it, or smell it. Protecting your indoor environment is an important health issue. Radon gas can enter your home many ways: through cracks and other holes in the foundation. Your home can trap the radon inside, where it can build up. Any home may have a radon problem – old or new. The only way that you can know if you have elevated levels of radon gas is to test your home for it. Testing your home for radon is a critical step.

The Health Effect of Radon Gas is Lung Cancer. Your chances of getting lung cancer from radon depend mostly on how much radon is in your home, the amount of time you spend in your home and whether you are a smoker or have ever smoked. Radon gas causes thousands of deaths each year. If you breathe air containing radon, you can get lung cancer. According to EPA, as a non-smoker, your risk of contracting lung cancer is 7 people out of a 1000 will get lung cancer at the EPA Action Level of 4 picocuries/Liter of air.

It is Easy and Inexpensive to Test for Radon – Testing is the only way to know if you and your family are at risk from radon gas. All homes should be tested. Go to **Radon.Utah.Gov** and order a test kit for \$11 today. When your test kit arrives you will test the lowest living level of your home for 48 hours. You will then mail in your Charcoal test kit and have the results within approximately a week from the Laboratory. Winter months are the best time to test for radon.

It is Easy and Inexpensive to Mitigate for Radon - If you discover your home has levels above the EPA Action Level of 4 picocuries it is recommended that you find a certified mitigator from radon.utah.gov. and get three bids. The cost of mitigation is approximately \$1500.

Radon Levels in Utah – 1 in 3 Utah homes will have radon levels above 4 pCi/L of air. The average level indoors in Utah is 5.3 pCi/L of air. If you want to get more information about your zip code – go to radon.utah.gov and click on test results/zip code. Remember that different neighborhoods can have different quantities of radon; even different neighbors. It is important to test your home for radon now.

**TAKE ACTION AND TEST TODAY!! TEST KITS ARE \$11 FOR UTAH RESIDENTS –
GO TO [RADON.UTAH.GOV](https://radon.utah.gov) TO ORDER YOUR TEST KIT TODAY!!**